

Name : _____
Class : _____
Roll No. : _____

D.V.S Public School
Class - 6th

Science Assignment - II

Q1 New Terms :

- * Culinary practices →
- * Food mile →
- * Millets →
- * Roughage →

Q2 Tick (✓) the correct answer :

- ① Modern cooking practices do not make use of :
a) Microwave b) Induction c) Mixer-grinder d) Chulha
- ② All the deficiency diseases can be prevented by :
a) medication b) taking balanced diet c) maintaining cleanliness
d) Vaccination
- ③ The primary source of energy in our body is :
a) Carbohydrates b) fats c) Both Carbohydrates and fats
d) Minerals
- ④ Rajat has poor vision. He is not able to see in dim light.
He is likely to be suffering from the deficiency of
a) protein b) Carbohydrate c) Vitamin d) fat

Q3 fill ups :

- 1) Weak bones and tooth decay are caused by deficiency of _____
- 2) Over eating of _____ food leads to obesity in children.
- 3) _____ solution is used for testing the presence of starch
in a food item.
- 4) The long-distance transport of food from the farm to our
kitchen is known as _____

True or false :

- ① Banana is a rich source of carbohydrates. ☐
- ② A balanced diet is very essential for a sports person only. ☐
- ③ Mindful eating means food with awareness. ☐
- ④ South Indian food is more nutritive than north Indian food. ☐

Q5 Give the importance of following food items :
1. a) Pancer 1. d) Water

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⇒ a) Roughage ⇒ b) Pancer ⇒ c) Water

Q6 Question & Answer 0

Q6 Question: What is the role of fats under the skin of a polar bear?

Ans

Q7 Tick (✓) the odd-one out $\frac{0}{0}$

- ① Burger, french-fries, Banana, Samosa.
- ② Wheat, Rice, Maize, Sorghum.
- ③ Carrots, Amla, Tomatoes, Milk.
- ④ chapati, Rice, Aloo curry, Pizza.